

## EMERGENCY KIT CHECKLIST

In an emergency you and your household need to be self-sufficient for 3 days.

SPECIAL ITEMS					
	Baby needs e.g. nappies		Fuel for car		Whistle
	Wind—up or battery-operated radio		In a waterproof wallet: cash for one week		Photographs of valuable household items
WATER		TOOLS AND SUPPLIES		FIRST AID KIT	
	Water in plastic containers		Sturdy gloves		Replace any used contents
	Three days' supply		Can opener		Special medical supplies or equipment
			Eating utensils		
FOOD			Battery operated torches—take batteries out.	CLOTHING AND BEDDING	
	Minimum 3 day supply				
	Non-perishable food		Spare batteries		One set per person
	Canned food		Utility knife		Rain gear e.g. poncho
	Vitamins		Toilet paper		Blanket/sleeping bag
	Special needs food		Soap/detergent		Hat
	Comfort foods		Personal hygiene items		Work gloves
USB WITH DOCUMENTS			Duct tape		Sunglasses
	Scans or photocopies of important documents		Plastic sheeting or tarps		Contact lenses or glasses
			Mobile phone+charger	SENTIMENTAL ITEMS	
	Passports		Insect repellent		Family records
	Driver's licences		Sunscreen		Photographs
	Testaments		Paper and pencil	COMFORT FOR KIDS	
	Marriage and birth certificates		Rope and chains for securing outdoor items		Activities like books, puzzles and toys
	Land Titles		Extension cords	PETS	
	Immunisation record/s		Waterproof matches		Pet food and supplies
	Bank account no.		Charged powerbanks	EMERGENCY CONTACTS	
	Emergency household plan		Basic tools e.g. plier, wrench, pocket knife		Important phone numbers
	Insurance policies		Hand sanitizer		
	Emergency contacts		Rubbish bags		
			Dust masks – per person		
			12-hour glow stick		
			Utility sheet		
STORAGE OF YOUR EMERGENCY KIT					
<ul style="list-style-type: none"> <li>You will need a sturdy container, preferably waterproof e.g. box with wheels and watertight seal.</li> <li>Alternatively, you can use a large sports bag or a suitcase with wheels.</li> <li>Store your emergency kit in an accessible, cool and dry place.</li> <li>Mark your emergency kit clearly with e.g. reflective tape so you can easily see it in darkness.</li> <li>Make sure everyone in your household and personal network knows where it is.</li> </ul>					
ANNUAL REMINDER					
<ul style="list-style-type: none"> <li>Set an annual reminder in your phone and/or on your calendar to check your kit.</li> <li>Make a note of any perishables and replace expired items.</li> <li>Your kit should be updated to reflect changes in your life such as the addition of children or pets, location changes, etc.</li> </ul>					